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## **CHANGE... GROWTH ... AND SO MUCH MORE**

*by Laurie A. Monroe*

“A road that does not lead to another road always has to be retraced, unless the traveler chooses to rest at the end of it.”

As we approach the end of this year and look toward the future of TMI in 1997, I am reminded of this Chinese proverb. The road that the Institute has traveled began forty years ago and has branched out many times along the way. Bob's Monroe's early research and single-handed trial-and-error attempts to correlate specific sound frequencies with specific states of consciousness have benefitted all of us. Through the years we have expanded our research capabilities which include sophisticated brain-mapping equipment. Due to the conscientious efforts of Bob and those who supported him, the Institute has an exceptional reputation for being on the cutting edge of the study of human consciousness. In addition, we are no longer isolated within our own laboratory in our efforts to learn more. Currently, studies of the effectiveness of the Hemi-Sync® technology are being conducted at Duke University, the University of Virginia, Northern Arizona University, the University of Utah, and Columbia Presbyterian Hospital.

Similarly, the Institute's educational programs have expanded far beyond the weekend workshops that Bob conducted at Esalen and other retreat centers and motels in the 1970's. The *GATEWAY VOYAGE*® alone has been attended by thousands at the Nancy Penn Center in Virginia. In 1996, twenty-two *GATEWAY* programs were offered, almost all full to capacity and often wait-listed. Our graduate programs were also much in demand and attended by greater numbers of participants than ever before.

All of which brings us to another road.

It is time to expand. In order to further develop our capability to provide an environment to accommodate the growing numbers of people who learn about our work, expansion of our facilities is essential. By doing this, those who are avid in their desire for personal growth and consciousness expansion may attend our programs without lengthy delays and while still at the height of their interest and enthusiasm.

Over the years many of you have had the privilege of spending personal time with Bob and Nancy in their lovely home on Roberts Mountain overlooking the Center. Nancy and Bob referred to their home as the “Gift House.” Since their transitions, much thought has been given to the appropriate use of this residence, and it has become clear that this wonderful environment would be an ideal location for certain TMI graduate programs. Comfortable,

homey, and beautifully decorated, participants will be able to listen to tapes, share experiences, and optimally create the synergy of their own unique group energy within the special energies of Bob and Nancy's beloved home. Bob's cabin could also well afford the possibility for advanced research opportunities for selected graduate students.

Conducting some of the graduate programs at their home, which will be named Roberts Mountain Retreat, will enable us to conduct more *GATEWAY* programs at the Center. At the same time, it will provide our valued *GATEWAY* and other program graduates the opportunity to further learn and explore in an intimate setting especially conducive for opening to deeper levels of self.

We are excited about this new direction and expansion as we continue to explore more deeply various aspects of human consciousness. We will be able to better serve those who seek to Know. We will be able to help many more people know that they truly are more than their physical body. You know how this knowledge has affected your own life's pattern and what a difference it has made in your life. Bob always said, the one thing you can always count on is change. We invite you to join us on this journey of the Institute's growth. We look forward to your attending a future program at Roberts Mountain Retreat.

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